

Welcome to the Junior News, we are hoping to continue to publish this newsletter regularly, this can only happen if we have information to publish. Information can be forwarded to Lisa Bryant or Junior Committee member or email information to lisabryant@bundooratennisclub.com.au.

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- ◆ Council / Grants
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- ◆ Urgently Required
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Greenwood Drive, Off
Telfer Reserve, Bundoora
Phone: 9467 6769

E-mail info to:
lisabryant@bundooratennisclub.com.au

Welcome to 2008

I welcome all members to the 2008 tennis year. This should be a very exciting year for the Bundoora Tennis Club. Members will be aware that the club has been working on a strategic plan to carry the club forward for many years to come. Plans have been prepared to rebuild courts 5 and 6 into synthetic clay courts. These courts are similar to en tout cas but have the advantage of being relatively maintenance free and, of course, do not need watering. The plan entails new lighting systems for courts 3, 4, 5 and 6; new wire fences and other initiatives. The Banyule City Council has approved the plan and is supporting the club.



Council / Grants

Last year councillors and council officers visited the club and endorsed the club's activities and its overall plan. This year our local state member, Colin Brooks, has visited the club and endorsed the club's plans and will lobby the government and the Minister for Sport, Recreation Youth Affairs to ensure the project goes ahead. We are currently waiting for officials from Sport and Recreation to visit the club, which is the last stage in gaining official approval so the project can go ahead.

We have obtained a grant that will enable it to refurbish its toilets. The club hopes to complete this project early this year.

Water Conservation Plan

The club has agreed on a water conservation plan in conjunction with Yarra Valley Water and Tennis Victoria. The plan will allow the club to open all its courts to tennis but is under a monitoring program to reduce water use. Part of the plan entails the chemical treatment of courts, which was completed on 23 January, after several working bees to improve the courts were conducted by club members. So far the results have been satisfactory but we will need to monitor the condition of the courts for some period.

Enjoy your tennis during the year and if you think you can help in any way with any of the club's activities please contact a member of the committee.

News Corner



Working Bee

The next working bee is scheduled for Sunday 23 March 08.

Please try to donate an hour or two of your time on that day.



Urgently Required

ONE lady at a fairly good standard of tennis to play in Section 3 Mixed Doubles. Games commence at 7:00pm on Thursday evenings.

Contact: Stan Sizeland
0417 120 297 or 94677543

Players Wanted

Players wanted for the next season commencing in June/July 2008 in particular females for Sections 3/4&5 mixed doubles on Thursdays at 7:00pm.

Contact: Stan Sizeland
0417 120 297 or 94677543

Social Tennis

Interested in Social Tennis? Don't want the pressures of competition but want fun and relaxed tennis. We want to provide a friendly social atmosphere for all levels to enjoy playing tennis. Regular or occasional attendance.

Contact: Lisa Bryant
0418540108 or 9404 1386 /
Stan Sizeland 0417 120 297 or
94677543

IN THIS ISSUE

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- ◆ Trivia Night
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- ◆ Club Merchandise

Open Day 2008

Sunday 10th February 2008 unfolded to be a big and successful day at the Club as we held our 2008 Open Day in perfect weather and picturesque surrounds. Coaching clinics, ball machine, speed gun competition, prizes and give aways were well received and enjoyed by all in attendance. Testament to this was that all of our courts were full of cheerful and enthusiastic participants whether young or old, new comer or distinguished player throughout the entire day. Results from the day highlight that BTC is a special community hub for families of the community to enjoy as we continue to grow. A special thank-you to all of those volunteers that assisted on the day and made it possible, from registrations to coaching, from bbq chef to Club spruikers, etc.

Trivia Night

On Saturday 1st September 07, Bundoora Tennis Club held their Annual Trivia night, organized by members of the general committee. Special thanks to John, Jenny & Merryn, Stan, Lisa, James, Matt and those who made contributions and attended the night.

The night was a huge success with the club raising over \$1500. The night was full of fun and games including a sports memorabilia auction, raffles, door prizes and many spot prizes. Thanks to all sponsors for their generous donations.



Fundraising

The club held a barbecue fundraising function at Bunnings Mill Park on Sunday, 20 January. It was a very successful event, but unfortunately too much work was left to too few. We desperately need members to support club events, especially a fund-raising barbecue such as this, which is a very effective way to raise money for the club. Families who help out for three stints over the year will have their following year's working bee levy waived. **Next BBQ date is Sunday 16th March.** The club is planning to conduct further barbecue fund-raising events and anyone who can help on a Sunday morning or afternoon should contact **Pam Sizeland on 94677543.**

News Corner



Tennis Coaching

As the new Head coach of Bundoora Tennis club I have thoroughly enjoyed my time. I have been working on creating strong links with many schools in the area and hope that over the next couple of years the juniors will significantly grow in numbers.

Over the past year and a half I have begun my Level 3 coaching course and travelled to both Spain and the USA to three of the most advanced, experienced and respected tennis coaching academies in the world. These academies work with professionals and social players therefore I have been able to incorporate many ideas into new exciting classes for 2008. Classes which Gripping Potential will be offering are: Tennis Work Outs, Group Lessons, Squads, Semi-private and Private Lessons. These classes cater for all skill levels, from the beginner through to the elite tennis player.

John Hampson, Coach



Club Merchandise

If you wish to order club shirts, shorts, tracksuits, caps or polar fleece tops, please contact **Ross Sobey on 0438 595 181** or the Home Supervisor on Saturday mornings (juniors). Payment is required at the time of ordering.

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- ◆ Sponsorships
- ◆ Trip of a Lifetime

Sponsorships

Part of the club's vision is to formalise and extend its relationships with local small businesses. To this end, sponsorship packages are now available ranging from \$75 p.a. to \$900 p.a. Benefits can include court signage, web advertising, tickets to the Australian Open, coaching vouchers, etc. For more details please see our Sponsors section of our website, or collect a paper copy from the club house.

We welcome aboard Barry Plant (Bundoora) and Silverline Finance (Mill Park) as our Gold Package sponsors for 2008.

Barry Plant (9467 5444)

David Moxon (Director) and Scott Anderson (Sales Executive) of Barry Plant both grew up locally and have extensive first hand knowledge of the ins and outs of the property market in our diverse area. So if you are looking to buy, sell or rent, these friendly gentlemen are definitely the right people to see.

Silverline Finance (9437 8755)

So too is Sarath Silva (Principal) of Silverline Finance. Sarath has in-depth knowledge and experience as a mortgage broker. His suite of vast products match those of major banks and finance providers. Contact Sarath now for a free of charge meeting to discuss your financial needs (borrowing, refinancing, etc).

We thank our new professional and friendly partners, and look forward to a long and exciting relationship.

Contact: James Copes 0438 634 873



The Trip of a Lifetime

During the September school holidays I joined forces with coaching colleague Gabriel Moise. We organised the 'Tennis Trip of a Lifetime' to the USA. The group included 3 adults and 15 children aged from 9 – 20 years (4 of the participants from Bundoora TC, Brayden Sharwood, Matthew Hampson, Micheal Motta, and Albert Hyunh).

Our destination was sunny Bradenton, Florida to the most advanced, state-of-the-art, multi-sport training and education facility ever created for athletes. IMG Academies delivers world-class sports training experiences to over 11,000 junior, collegiate, adult and professional athletes each year from over 70 countries. The property is 300 acre in size and the atmosphere is one that can only be truly appreciated on visiting the establishment. The entire place is full of highly motivated and focused athletes who are always looking to better themselves.

Each player who came on the trip was able to experience the physical, psychological and tactical training that a professional tennis player does every day. Their general day was as follows:

7-8 am Breakfast, 9- 10am Physical training, 11-12:30pm On court training,
12:30- 2:00pm Lunch break, 2:00-4:00pm On Court training/Mental, Conditioning, 4:00- 6:00pm
Match play, 6:00- 7:30pm Dinner, 7:30-10:00pm Free Time/Planned excursions

After spending a week training 6 ½ hours a day, students played in an American Junior Points Tournament where they were able to put into practice what they had learnt during the week.

The final leg of the trip saw us flying to LA where we spent 4 days visiting Disneyland, Universal Studios, Beverly Hills, Hollywood and Venus Beach. Everyone who came on the trip left with a new outlook on their tennis and many new friends.

Another trip of a lifetime will be running during September school holidays 2008. Any enquiries please contact John Hampson, club head coach.

John Hampson, Gripping Potential

Mob: 0419 188 908 | Email: john@grippingpotential.com.au

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- ◆ Welcome to Autumn 2008
- ◆ Court Watering & Bagging
- ◆ Junior Singles Club Championships 2007
- ◆ New Players
- ◆ Farewells

Welcome to Autumn 2008

The Autumn 2008 season is now underway, with 13 Singles teams (9 boys and 4 girls) and 6 Doubles teams (4 boys and 2 girls). Welcome to our new members, some just beginning their competitive tennis and others transferring from other clubs.

Thank you to those parents who have agreed to be Team Managers this season, especially those whose children have just joined.

Singles players are reminded that they should be at their venue by 7:30am so that courts are prepared and warm-ups over in time for the 7:45 start. Doubles teams playing at home are scheduled to begin at 11:30. Players should arrive by 11:15 so that you can begin your line sweeping, watering if required and warm-up as soon as your courts are free. Doubles teams are allocated courts until 1 o'clock when afternoon competition begins, so play needs to begin promptly at 11:30.

Court Watering & Bagging

All en-tou-cas courts now able to be used, having been treated with magnesium chloride to aid water retention. These courts still need to be watered before each set, though not as deeply, and courts must be bagged after each set. New players and those who did not play much on en-tout-cas last season are especially reminded that, when a set finishes, **you bag your end** and your opponent does the same. **Don't just walk off the court!!** All players and parents are reminded that the watering and bagging requirements apply **at all times**, not just during competition. Please do the right thing when you come for a social hit.

Junior Singles Club Championships 2007

The Junior Singles Club Championships were held late last year. Congratulations to the overall champions, Jessica Mitreski and Damian Marasco, and the runners up, Emily Bonnell and Hayden Foster. Trophies were awarded to the winners of each stage, and medallions to all other participants, at the end of year Presentation Day.

News Corner



Players

Welcome to our new members, some just beginning their competitive tennis and others transferring from other clubs, they are... Beth McLaughlan, Chloe McDonald, Genie Garcia, Jamie Jones, Danielle Marriage, Carl Adams, Sam Adams, Hamish Rogers, Angus Rogers, Alex Cassidy, Andrew Cassidy, Jacob Sgarlata, Adrien Fasel-Murphy, Daniel Nicolae, Matthew Barresi, Jonathon Nicholson, Benjamin Nicholson, Vincent Fu, Kaine Dundovich, Harley Madden, Chris Lacny, Daniel Marcon, Anthony Kovacevic and Hannah Spicer returning after a short break.



Farewells

Leaving us this season... James Apostolovski, Zoe Plastow, Trent Mills, Jonathan Asquith, Cameron Sobey, Braden Mills, Matthew Zanella, Ryan Tootell, Samuel Kwok, Anthony Georgievski, William Spicer, Christian Vertkas, Sashi Goonasekera, Riley Davies, Matthew Lawrence, Jacqueline Foster, Natalie Bryant and Kathleen Teng.

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IN THIS ISSUE

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- ◆ Canteen Roster
- ◆ Junior Committee Meetings
- ◆ Website
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- ◆ Coaching Tips

Spring 2007 Results

Congratulations to the following teams:-

- Winners**
26 Boys
- 29 Boys
- Runners Up**
13 Girls
22 Red Boys
2 Boys
- Semi-finals**
7 Girls
8 Boys
16 Girls



Canteen Roster

Each team is rostered on canteen two or three times per season. Players, please make sure a parent is there to help when it's your team's turn.

All parents of players rostered in are expected to help on your team's canteen days.

		8:30 till 10:00am	10:00 till 11:30am	11:30 till 1:00pm
Wk 1	Feb 2nd	4 girls	1 boys	21 boys
Wk 2	Feb 9 th	1 girls	5 girls	22 boys
Wk 3	Feb 16 th	9 girls	10 boys	17 girls
Wk 4	Feb 23 rd	7 boys	15 boys	13 girls
Wk 5	March 1 st	6 boys	19 red	23 boys
Wk 6	Mar 15 th	1 boys	4 girls	28 boys
Wk 7	April 5 th	6 boys	1 girls	22 boys
Wk 8	April 12 th	10 boys	7 boys	13 girls
Wk 9	April 19 th	13 boys	9 girls	21 boys
Wk 10	May 3 rd	19 blue	17 boys	23 boys
Wk 11	May 10 th	17 boys	19 red	17 girls
Wk 12	May 17 th	15 boys	19 blue	28 boys
Wk 13	May 24 th	5 girls	13 boys	13 girls
Wk 14	May 31 st	4 girls	9 girls	17 girls

News Corner



Junior Committee Meetings

Meetings are held on the third Monday of each month at 7:30pm in the clubhouse. Please see one of the Committee members if there is any issues you want to bring to our attention, or come along to the meeting yourself.



Website

Visit our website regularly!!
@

www.bundooratennisclub.com.au

Find out what's happening at your tennis club. You can download your copy of the newsletter, see the ladders, look up fixture details, find out what's going on and much more! Players should also check their email regularly for tennis news and reminders. To contribute to website send details to:-
lisabryant@bundooratennisclub.com.au



Coaching Tips

Remember, when playing, the arm that's not on your racquet is still important! When hitting a forehand it should be raised to the side to aid in balance and help facilitate rotation.

This is also true for the smash as your spare arm should be stretching up towards the ball before you begin to swing.

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